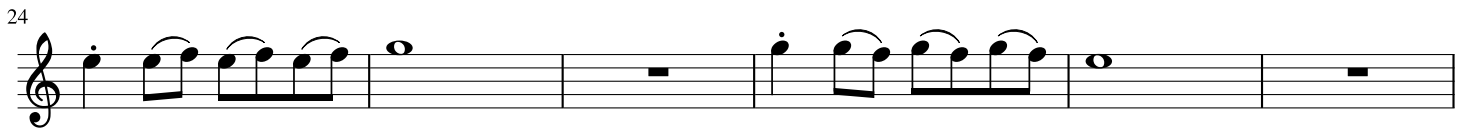


First week Warm-Up

Julian Zimmermann



- Hum the notes, and observe where in your body vibration occurs.
- Play the notes, concentrating on the same areas you felt the vibrations before; try to let go and increase the resonance.
- The middle C should not be harder to play on the historic mouthpiece than on a modern one. (If that's the case, the lips are too far apart, and the aperture too open)
- Feel the shift of resonance in your body between different notes.
- Going down from middle to low C, keep your embouchure compact; don't let the the tongue drop.
- Don't correct the F intentionally (physically), but hear it right in your mind.....imagination and reality will find each other! (Please don't use a tuning machine; it leads you to tune with your eyes...use the ear! Sound colour is an important aspect as well.)
- Bending: Hum the bend before playing; try to move the note in same way as you sang it. (The tongue should move as little as possible. Keep the embouchure compact!)
- Repeat many.....many times! ;)